

Wedgwood Water Polo Registration 2021

Please return this registration form and per-player fee* of \$100 (WW members) or \$125 (non-members) to the pool office. (*Includes WA State Sales Tax)

Make checks payable to Wedgwood Swim Pool

This form must be signed and returned with applicable fees to the club's coach before the listed child(ren) can participate in team activities or practices.

WW Polo is also open to non-members (age 12-18)

Player Name: _____ Birth Date: _____

Player Name: _____ Birth Date: _____

Player Name: _____ Birth Date: _____

Parent Email: _____ Phone: _____

Emergency Phone(s): _____

I hereby consent to participation by my child(ren) (names listed above) in the Seattle Summer Water Polo League. I understand that this activity involves elements of risk of bodily injury, including, but not limited to, activities occurring in a pool and the surrounding environment. We will assume all risks associated with and incidental to participating in the sport of water polo. My child(ren) has no special medical conditions, except those described below, and is fit to participate on a water polo team.

Special Medical Conditions:

(continue on back of page, if necessary)

In consideration of the right and privilege for my child(ren) to participate, we hereby release, waive, and agree to hold harmless the Seattle Summer Water Polo League; this club, its members, directors, employees, coaches and volunteers; the club hosting the event, its members,

directors, employees, coaches and volunteers; all paid and volunteer referees for any and all liability, claims, legal actions, and demands of any nature whatsoever which may arise from or in connection with the water polo team or related activities.

I understand that events may take place away from our club pool. I understand that the coaches are not responsible for transportation to games or related activities.

I hereby authorize emergency medical/dental care and treatment for my child(ren), as necessary.

_____ Parent/Guardian Signature Date

WEDGWOOD SWIM CLUB – Water Polo Concussion Information

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following

- Headaches • “Pressure in head” • Nausea or vomiting • Neck pain • Balance problems or dizziness • Blurred, double, or fuzzy vision • Sensitivity to light or noise • Feeling sluggish or slowed down • Feeling foggy or groggy • Drowsiness • Change in sleep patterns • Amnesia
- “Don’t feel right” • Fatigue or low energy • Sadness • Nervousness or anxiety • Irritability • More emotional • Confusion • Concentration or memory problems

(forgetting game plays) • Repeating the same question/comment

Signs observed by teammates, parents and coaches include:

- Appears dazed • Vacant facial expression • Confused about assignment • Forgets plays • Is unsure of game, score, or opponent • Moves clumsily or displays discoordination • Answers questions slowly
- Slurred speech • Shows behavior or personality changes • Can’t recall events prior to hit • Can’t recall events after hit • Seizures or convulsions • Any change in typical behavior or personality • Loses consciousness

What can happen if my child keeps on playing with a concussion or returns too soon? Athletes with the signs and symptoms of concussion should be removed from play immediately.

Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to student athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return-to-play concussion guidelines that have been recommended for several years: "a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time" and "...may not return to play until the athlete is evaluated by a licensed healthcare provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider". You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out. For current and up-to-date information on concussions you can go to: <https://www.cdc.gov/headsup/youthsports/index.html>

_____ Athlete Name Printed

_____ Athlete Name Printed

_____ Athlete Name Printed

Seattle Summer Water Polo League

Code of Conduct

To ensure that all games are safe, family-friendly, and conducted in such a way that all participants and spectators enjoy the experience, the Seattle Summer Water Polo League has the following code of conduct. Please read it carefully, sign it, and return it to your coach. Both a parent signature and player signature is needed. This must be done prior to competing in the first game of the season.

As a member of the Seattle Summer Water Polo League, I agree to:

- Consistently display respect, honesty, and sportsmanship toward coaches, teammates, officials, volunteers, parents and competitors.
- Consistently display a positive and supportive attitude toward all teams, coaches, teammates and competitors.
- Refrain from the display or use of aggressive behavior and offensive language, including any derogatory reference to any person's race, sex, ethnicity, or other characteristics.

All infractions that result in expulsion from a game must be reported to the SSWPL board within three (3) days. Any infraction of this code may result in, but is not limited to, the following actions by the Board:

- Restriction from future competition for a designated period of time.
- Placement on probation for a designated period of time.
- Restriction from participation in championship competition.

In order to provide clarity to participants, coaches, parents and referees, the offenses below will result in a kick-out (the third kick-out results in removal from the game). The referee may also choose, depending on the offense, to remove the player from the game.

- The use of profanity towards anyone, even oneself.
- Addressing the referee, except during timeouts and between periods. The only exception would be to simply get clarification on the directions of the referee.
- Addressing the other team's coach or other team's bench at any time.

All rules governing behavior, violence, striking, kicking, etc. included in the USWP rules will be strictly enforced. Removal for these offenses is a violation of the code of conduct and will be referred to the Board.

Player Signature: _____ Date: _____

Player Signature: _____ Date: _____

Player Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Note to parents: While there have been very few problems with spectators contributing to a negative atmosphere, it does occasionally happen. The referee has the authority under the rules to have spectators removed from the premises. Let's all work together to make sure that there is no need to have this happen.